

Whole school overview for RHE/PSHE

Justification for the position in the curriculum

Autumn		
Cycle 1	RHE/PSHE KS1 Intent	RHE/PSHE KS2 Intent
	Autumn 1: How do people earn money and what can they do with it? Jobs; strengths and interests; money; making choices; needs and wants	Autumn 1: What do we know about jobs? (Plus Money revisit) Careers; aspirations; role models; the future; self-esteem; goal setting; managing setbacks
	Autumn 2: How can we look after each other and our world? Ourselves and others; the world around us; caring for others	Autumn 2: How can our choices make a difference to others and the environment? Caring for others; the environment; people and animals; shared responsibilities, making choices and decisions; human rights
Spring		
	RHE/PSHE KS1 Intent	RHE/PSHE KS2 Intent
	Spring 1: What makes a good friend? Friendship; kindness; feeling lonely; managing arguments	Spring 1: What makes a good friend? Making positive friendships; changes; managing loneliness; secrets; dealing with arguments
	Spring 2: What is bullying? Consent; behaviour; bullying; words and actions; respect for others	Spring 2: How do we treat each other with respect? Respect for self and others; seeking permission; courteous behaviour; bullying; consent

Summer		
	RHE/PSHE KS1 Intent	RHE/PSHE KS2 Intent
	Summer 1: What helps us to stay safe? Keeping safe; hazards; recognising risk; rules; emergencies Road safety linked to walk to school week Sun awareness week Water safety in preparation for the warmer weather	Summer 1: How can we manage risk in different places? Keeping safe; out and about; recognising and managing risk Road safety linked to walk to school week Sun awareness week Water safety in preparation for the warmer weather
	Summer 2: How do we recognise our feelings? Feelings; mood; times of change; loss and bereavement; growing up Transition between classes	Summer 2: How can we protect our mental health? Feelings and emotions; expression of feelings; behaviour; bereavement; change Transition between classes or schools

Whole school overview for RHE/PSHE

Autumn		
Cycle 2	RHE/PSHE KS1 Intent	RSE/PSHE KS2 Intent
	Autumn 1: What is safe (or unsafe) to put into our bodies? (Plus firework safety) Medicines; drugs; unsafe to eat; fireworks Bonfire Night	Autumn 1: What keeps us safe? Safety; drugs; medicines and household products; firework safety; first aid Bonfire Night
	Autumn 2: Who is special to us? Ourselves and others; people who care for us; groups we belong to; families; strangers	Autumn 2: What are families like? Families; family life; caring for each other; personal boundaries; privacy

Spring

	RHE/PSHE KS1 Intent	RHE/PSHE KS2 Intent
	Spring 1: What is the same and different about us? Ourselves and others; similarities and differences; individuality; being the same and different in the community	Spring 1: What makes a community? Community; belonging to groups; similarities and differences; respect for others; discrimination
	Spring 2: How can we stay safe online? Keeping safe online; internet; information sharing; strangers; seeking help	Spring 2: How is the internet used? How the internet is used; assessing information online; online bullying; online safety

Summer

	RHE/PSHE KS1 Intent	RSHE/PSHE KS2 Intent
	Summer 1: What helps us grow and stay healthy? Being healthy; hygiene; teeth; eating; drinking; exercising; sleeping Cross curricular links: Science - food chains and healthy eating (Cycle 2 autumn)	Summer 1: Why should we eat well and look after our teeth? Being healthy; eating well; dental care; hygiene Cross curricular links: Science - food and nutrition (Cycle 2 summer)
	Summer 2: How will we grow and change? Growing up; managing change; our bodies; privacy Transition between classes	Summer 2: Why should we keep active and sleep well? (Plus puberty) Being healthy; keeping active; taking rest; growing and changing; puberty; end of year transition Transition between classes or schools

IMPACT (end points)

	Key Stage 1	Key Stage 2
	<p>Children will be able to:</p> <ul style="list-style-type: none"> • name a range of different jobs including those in the local community • identify where money comes from, how it can be spent and how to look after it • understand that everyone has a responsibility to look after others and the environment • explain what makes a good friend and know what to do if they feel lonely • explain what bullying is and how it can impact on somebody's feelings • spot hazards and understand how to reduce risks in real life and online • recognise when they need help with big feelings or problems and who to ask for support • name the members of their family and recognise that families can be different, but share common features • recognise what makes them special • talk about what it means to be part of a community • identify some of the risks that arise from being online and know basic steps to protect themselves • recognise that exercise, diet, sleep and good hygiene are important for their health • understand that change can cause mixed emotions and who they can ask for help if they are worried 	<p>Children will be able to:</p> <ul style="list-style-type: none"> • talk about their personal strengths and qualities and how these might guide their future career choices • explain how money is used and what might influence someone's spending decisions • understand how everyday decisions can affect the world around them including the way they spend their money • identify a healthy friendship, understand how friendships can change and know how to resolve disputes • talk about the impact of bullying, what it means to be respectful and how to seek support if they need it • keep themselves safe in a range of situations both in real-life and online • recognise why families are important and that all family types should be valued and celebrated • explain what it means to be part of a diverse community • identify ways that they can keep themselves safe online and recognise how their online actions can impact on other people • make informed decisions about their mental and physical health • understand some of the physical changes that they will go through as they get older and have strategies to deal with the mixed emotions that can come with change.